



Multidisciplinary International Group for Hemapheresis Therapy and Metabolic Disturbances Contrast

## 16th LIPID CLUB AND THERAPEUTIC APHERESIS

by MIGHTY MEDIC Org.

Major Seminary and Educational Forum on Clinical Lipidology, Metabolic Disorders, Extracorporeal Therapeutic Techniques, and Atherosclerosis Prevention

Seminario e formazione continua in Lipidologia Clinica, Disturbi del Metabolismo, Tecniche Terapeutiche Extracorporee e Prevenzione dell'Aterosclerosi

### Meeting Venue:



CAMERA DI COMMERCIO  
INDUSTRIA ARTIGIANATO  
AGRICOLTURA VERONA

Corso Porta Nuova, 96 - 37122 Verona VR  
Verona - Italy, October 7-8, 2021

# PROGRAMME

OCTOBER 7, THURSDAY

**14.30** **Introductory remarks**

Cenni introduttivi

*Enzo Bonora, Claudia Stefanutti*

**1<sup>st</sup> TURNAROUND**

**EPIDEMIOLOGY, PREVENTION, SECONDARY PREVENTION  
OF ATHEROSCLEROSIS**

UPDATE

Chairpersons: *Livia Pisciotta, Claudia Stefanutti*

**14.40** **Lipoprotein(a): risk factor or marker of causality? Or both? Existing  
and emerging treatment**

*Livia Pisciotta*

**15.00** Discussion

**CONSENSUS PAPERS**

PEDIATRICS

Chairpersons: *Kurt Widhalm, Claudio Maffeis*

**15.05** **A position paper of MIGHTY MEDIC, APPS, ILEP**

Risk assessment and clinical management of children and adolescents with heterozygous familial hypercholesterolaemia. Are we ready for the wait and see approach?

*Bojko Bjelakovic*

**15.25** **Long term follow up of Children with FH; is Lp(a) important?**

*Kurt Widhalm*

**15.45** **A position paper of MIGHTY MEDIC**

Guidance on Lipoprotein Apheresis in children. When, what and how to do

*Claudia Stefanutti*

**16.05** Discussion

## CLINICAL DIAGNOSIS AND MANAGEMENT OF METABOLIC DISORDERS

Chairpersons: *Maria Grazia Zenti, Claudia Stefanutti*

### **16.15 Diabetic dyslipidemia: customizing the treatment for effective cardiovascular prevention**

*Maria Grazia Zenti*

### **16.35 Treatment of Dyslipidaemia: Diet and Nutraceuticals**

*Antonio Vivenzio*

### **16.55 Discussion**

### **17.05 Coffe break**

### **17.20 Novel and Upcoming Lipid-Lowering Treatment of Dyslipidaemias and Atherosclerosis**

*Handrean Soran*

### **17.40 Lipid and Lipoprotein apheresis. Antiinflammatory Effects**

*Claudia Morozzi*

### **18.00 Discussion**

## CASE BASED APPROACH TO GENETICALLY AND NON-GENETICALLY DETERMINED DYSLIPIDAEMIAS

Chairpersons: *Elda Favari, Giancarlo Labbadia*

### *Clinical case presentations*

#### FOUR CLINICAL CASES

### **18.10 Homozygous Familial Hypercholesterolaemia in Children**

*Elena Fornari*

### **18.20 Heterozygous Familial Hypercholesterolaemia in children. Clinical management**

*Anita Morandi*

### **18.30 Hyper Lp(a) in a child with family history of hyper Lp(a) and early CVD**

*Graziana Petracca*

### **18.40 Liraglutide 3 mg / day in the treatment of obesity**

*Elena Sani*

### **18.50 End of 1<sup>st</sup> Turnaround**

OCTOBER 8, FRIDAY

**2<sup>nd</sup> TURNAROUND**

**FOCUS ON THERAPEUTIC APHERESIS AND GYNECOLOGY**

Chairpersons: *Giuseppina Perrone, Livia Pisciotta*

**9.00 CV risk and dyslipidemia in pre- and post-menopausal women.  
Experience in the COVID-19 pandemic**

*Giuseppina Perrone*

***Clinical case presentations***

**FOUR CLINICAL CASES**

**9.20 Unusual case of Homozygous Familial Hypercholesterolaemia**

*Livia Pisciotta*

**9.30 Raised Lp(a) levels in a 10-year child**

*Maria Grazia Zenti*

**9.40 Severe Chylomicronemia Syndrome treated by Plasma-Exchange**

*Claudia Morozzi*

**9.50 Hemoperfusal Lipoprotein Apheresis: novel experience in Rome**

*Serafina Di Giacomo*

**End of 2<sup>nd</sup> Turnaround**

## 3<sup>rd</sup> TURNAROUND

### FOCUS ON TREATMENT OF DYSLIPIDAEMIAS

Chairpersons: *Elda Favari, Serafina Di Giacomo*

**10.00** Current and new therapeutic perspectives for the management of dyslipidemia in patients at high and very high cardiovascular risk

*Maria Grazia Zenti*

**10.20** Evinacumab markedly reduces Low-Density Lipoprotein cholesterol in adolescent patients with Homozygous Familial Hypercholesterolaemia

*Serafina Di Giacomo, Claudia Morozzi*

**10.50** Discussion

**11.05** Coffe break

**11.20** Mighty Medic Org General Assembly

Assemblea Generale Mighty Medic

Chairpersons: *Claudia Stefanutti, Livia Pisciotta*

**11.45** Discussion

## **4<sup>th</sup> TURNAROUND**

### **MIGHTY MEDIC ORG: CURRENT SCIENTIFIC ACTIVITY**

Chairpersons: *Claudia Stefanutti, Maria Grazia Zenti*

**12.00** Effects of intensive pharmacological and non-pharmacological (Lipoprotein Apheresis) lipid lowering treatment of metabolic and inflammatory parameters in Homozygous Familial Hypercholesterolaemia - 36 months study. Update - Poster presentation  
*Claudia Morozzi*

**12.20** FSC and MSC international observational study. Update  
*Handrean Soran*

**General discussion and call for novel research proposals**

**12.50** Concluding remarks  
Cenni conclusivi  
*Claudia Stefanutti*

**12.50** WRAP UP  
Fine dei lavori e del Corso

# SCIENTIFIC INFORMATION

## SCIENTIFIC SECRETARIAT

Professor *Claudia Stefanutti* M.D., Ph.D.

Head of Extracorporeal Therapeutic Techniques Unit Lipid Clinic and Atherosclerosis Prevention Centre - Department of Molecular Medicine "Sapienza" University of Rome.

Responsabile del Centro Regionale (Lazio) Tecniche Terapeutiche Extracorporee - Gravi Dislipidemie Genetiche

Dipartimento di Medicina Molecolare "Sapienza" Università di Roma "Policlinico Umberto I" - Viale del Policlinico, 155 - Rome

Italian Multicenter Study on LDL-apheresis Working Group Coordinator -

Coordinazione dello Studio Multicentrico Italiano LDL Aferesi (SMILDLa)

MIGHTY MEDIC - Multidisciplinary International Group for Hemapheresis Therapy and Metabolic Disturbances Contrast - President

Viale del Policlinico, 155 - Rome

Tel. 06 499 70578 - Fax 06 499 70141

[claudia.stefanutti@uniroma1.it](mailto:claudia.stefanutti@uniroma1.it)

[www.mightymedic.org](http://www.mightymedic.org)

## CME

For Italian Participants: Congress will participate at Continuing Medical Education for the following categories: internal medicine, metabolic diseases and diabetology, pediatrics, transfusion medicine, hematology, nephrology, cardiology, gynecology, ophthalmology, gastroenterology, nurses, technicians of cardiocirculatory physiopathology and cardiovascular perfusion.

On approved application regulation, Simulaid (Provider 4156) assigns to this event (329242): **Nr 7 Training Credits.**

## **ORGANIZING SECRETARIAT**

### **MIGHTY MEDIC ORG.**

*Barbara Sovrano*

Project Leader

Sede Operativa: Lungomare Duca degli Abruzzi, 84 - 00121 Roma

Phone: +39 3473609298 - Fax: +39 06 49970141

Mobile & WhatsApp: +39 347 3609298

E-mail: [mighty.medic@legalmail.it](mailto:mighty.medic@legalmail.it)

Web Site: [www.mightymedic.org](http://www.mightymedic.org)

### **Fenicia Events & Communication**

Via Tor de' Conti, 22 - 00184 Roma

Tel. 06.87671411 - Fax 06.62278787

*Luigina Polini* - Mobile: +39 327 6944649

WhatsApp 329.3506996 - [info@fenicia-events.eu](mailto:info@fenicia-events.eu)



# GENERAL INFORMATIONS

## SCIENTIFIC TECHNICAL EXHIBITION

During the Congress an exhibition will be set up for biomedical, pharmaceutical and scientific publishing industries

## MEETING VENUE

Camera di Commercio Industria Artigianato Agricoltura  
Corso Porta Nuova, 96 - 37122 Verona VR

## REGISTRATION FEES (rates include VAT 22%)

Doctors € 122,00

Nurses € 61,00

\* Trainees € 61,00

\* Student free of charge

\* Each student and trainees must submit a copy of the certificate of registration at Specialities School.

Registration fee includes: participation in all scientific sessions, coffee breaks and welcome dinner, certificate of attendance, badge and congress bag.

## BADGE

Badge can be printed by all the participants using file received by e-mail when registering for the event.

## CANCELLATIONS AND REFUNDS

Any refund will be recognized.

## OFFICIAL LANGUAGES OF THE CONGRESS

English and Italian.



